

# Food Adventure Group

**Led by Occupational Therapist, Amy Maxson MOT, OTR/L**

This is a one-of-a-kind curriculum, written by a pediatrician (Dr. Nimali Fernando) and pediatric feeding therapist (Melanie Potock) who understand how children become picky eaters and how to prevent picky eating with a multi-sensory and joyful approach.



Parent involvement is a key to success, so a parent handbook, weekly feedback sheets, and a monthly newsletter will give you the language and approach to continue the education at home.

- Elementary school program ages 5-11 years
- research backed program
- designed for children with and without picky eating challenges
- Group setting, fun, interactive, joyful. Make friends with food!
- 60 min sessions
- once a week
- 6-week cycle
- \$45/session (10% discount when paid in advance)
- Food and recipes provided
- sensory and fine motor food activities

## When and Where?

**Achieve Pediatric Therapy**  
11602 Lake Underhill Road, Suite 129  
Orlando, FL 32825

Starting January 12, 2023  
Thursdays: 4:00-5:00pm

\* Sessions limited to 4 children with 1 adult each.

\* Register: Call **407-277-5400**

\* Questions? Email [Amy@AchievePediatricTherapy.com](mailto:Amy@AchievePediatricTherapy.com)